

Amherst girls swim team finishes regular season 8-2

Amherst's girls swim team closed out the regular season on a four-meet win streak with a 134-51 victory over Alden Friday night, improving to 8-2.

Double winners were Paige Smith (200 free, 2 minutes, 11.89 seconds; 100 breast, personal best 1 minute, 18.47 seconds); Maggie Parobek (200 IM, 2:32.37; 500 free, 6:05.84); and Grace Van Buren (50 free, 25.60; 100 fly, 1:04.07).

Diver Teresa Gerth hit an ECIC cut with her personal-best score of 162.15. She won the event.

Carolyn DeBoth won the 100 free in 59.61 and Caroline Smith won the 100 back in 1:07.34.

Personal-best swims were also recorded by Mia Mansour (50 free, 30.47); Macayla Todaro (500 free, third, 6:39.24) and Francesca Johnson (100 breast, second, 1:20.28).

The 200 medley relay of Caroline Smith, Parobek, Van Buren and DeBoth won in 2:04.25; the 200 free relay of Paige Smith, Tiffany Stayer, Angela Gerth and Parobek took first in 1:58.53 and the 400 free relay of Van Buren, DeBoth, Paige Smith and Car-



Amherst diver Angela Gerth looks for her entry point while performing a reverse dive in the Lady Tigers' 118-66 road win over Sweet Home Oct. 11. Gerth won with a score of 163.55 points.

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oline Smith won in 4:07.06.

"The girls had a solid finish to this portion of the season," Amherst coach Mike Giancarlo said. "The coaches were able to notice the girls pay attention to the small details in their races. This is something that will play a big part in their success at ECIC's and beyond."

The Lady Tigers added to their win total with a 118-66 road victory over Sweet Home Oct. 11.

Earning double wins were Paige Smith (200 free, personal best 2:09.74; 500 free, personal best 5:41.80); and Van Buren (50 free, 25.87; 100 butterfly, personal best 1:03.48).

Angela Gerth won 1-meter diving with 163.55 points. DeBoth won the 100 free in a personal best 59.53 and took third in the 200 free in a personal best 2:12.55.

The 200 free relay of Lillianna Engelhaupt, Maggie Parobek, DeBoth and Paige Smith (1:56.30) and the 400 free relay of Van Buren, Paige Smith, DeBoth and Caroline

Smith (4:08.28) also placed first.

Setting personal records were Stayer (50 free, second, 29.54; 100 free, third, 1:05.26); Todaro (50 free, fifth, 31.64; 500 free, fifth, 6:43.56); Brooke Gregorio (500 free, third, 6:17.53); and Johnson (100 breast, second, 1:20.52).

Giancarlo said the meet moved quickly without any extra heats.

"Many of the girls had to swim multiple events within a short time period," he said. "Their ability to put in best times

with limited rest is a feat in itself. For those that are new to the sport, it is not that common to see over half of the team hit best times meet after meet. It really goes to show how dedicated and hard working this bunch is."

ECICs begin Wednesday with diving at Lake Shore. Swimming prelims start at 5 p.m. Thursday and finals are at 1 p.m. Saturday at Clarence.

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— Amherst swim coach
Mike Giancarlo